

# Maribyrnong Park Football Club

## Marby Movers Starting: Tuesday 21 November 2017

*Marby Movers our summer football program is back for those families interested in doing some preseason training!*

We have again been able to secure an entire oval on a Tuesday evening right through until April 2018.

### When:

Every Tuesday from 5:30pm to 6:30pm

Starting Tuesday 21 November 2017. The Coaches will advise the break over Christmas & New Year.

Location: Oval 5, Fairbairn Reserve, Wood St, Ascot Vale. (See map)

### What to bring:

- A **drink bottle**, a **hat**, your **mouth guard & runners** (no footy boots)
- Plus your football from 2017 (some spare balls available for new kids)

### Coaches:

We'll have 4 – 6 coaches (depending upon work commitments) with the focus of fitness, skills and having fun with mates. Parents, if you're interest in helping out and improving your own fitness, please have a chat to one of the coaches.

### What's new:

- This year we have 5 Girls teams (U9, U11, U13, U15, U18) who will be joining us, so please make them feel welcome.
- If you know of any girls interested in playing this season, please let us know.

Any questions please contact the Junior Committee via our email – [marbylion juniors@gmail.com](mailto:marbylion juniors@gmail.com)

Looking forward to a great 2018.

Go Marby!

